

What's in your air?

Indoor air quality is one of the leading sources of toxin exposure. Our bodies are burdened by the daily exposure to fragrances, detergents, cleaners, voc's, pollutants, and allergens in our air. It is necessary to cleanse the air in our homes, to prevent over-taxing our system

Common Signs of Poor Air Quality



Foul Odors



Allergies



Sinus Issues



Brain Fog



Visible Dust

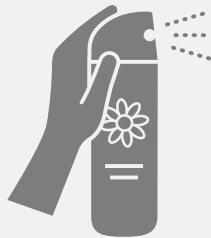


Asthma

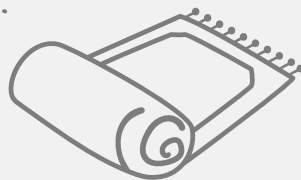
Common house-hold Tonxins:



House-hold
Chemicals



Aerosols



Carpeting
Containing V.O.C.s



Candles &
Synthetic Scents

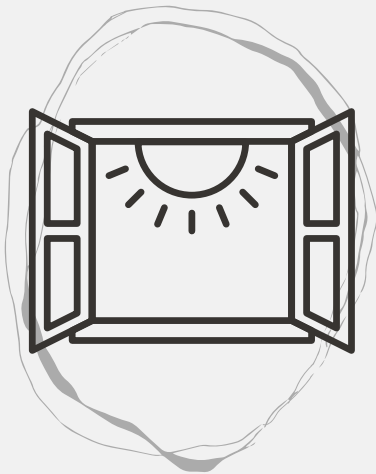


Freshly Painted/
Stained Surfaces

ENHANCING AIR QUALITY

1 ELIMINATE

Stop using air fresheners, candles, and synthetic scents to freshen up a room.



2 FILTER

A simple way to help your indoor air is to open as many windows and doors as possible for 15 minutes each day, even in the winter!

3 PURIFY

Invest in a good quality air purifier to clean your air of allergens, mold, odors, germs and harmful voc's (chemicals). We love Hypoair.



Vacuum/Dust your home frequently. Open windows frequently to re-fresh your air. Swap out any conventional house-hold cleaners for natural and organic ones.

Opt for low V.O.C. carpeting and rugs & let them off-gas outside, when possible. Steer clear of mattresses/products sprayed with flame retardant.

Diffusing pure essential oils is a great alternative to synthetic fragrances